

WFATT2019 World Congress X-Tokyo Report



Japan Athletic Trainers' Organization

May, 19



Official Supplier of WFATT

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Overview

Event: WFATT 2019 World Congress X-Tokyo

Theme: Exercise for Total Health

Host: Japan Athletic Trainers` Organization (JATO)

World Federation of Athletic Training and Therapy (WFATT)

Supported by: Japan Sport Association (JSPO)

Japanese Society for Athletic Training

Official Supplier: Mueller Sports Medicine

Sponsorship: Platinum 2

Gold 6

Silver 30

Bronze 5

Dates: May 11th (Sat), 12th (Sun)

Venue: International Conference Hall in Makuhari Messe



Registration Fee :

	Early Birds	2 days	1 day
Regular	20,000 JPY	25,000 JPY	15,000 JPY
JATO Member	19,000 JPY	23,000 JPY	14,000 JPY
JSPO-AT	19,000 JPY	23,000 JPY	23,000 JPY

Participants: There were 502 total participants from Japan, USA, Canada, Ireland, UK, Taiwan, China, Korea, etc.

	11 th	12 th
2 Days registration (domestic)	383	383
2 Days registration (international)	72	72
11 th registration (domestic)	24	-
11 th registration (international)	1	-
12 th registration (domestic)	-	32
12 th registration (international)	-	1
WFATT	24	14
Sponsor	118	114
Speaker	8	7
Executive Committee	22	22
Volunteer	17	21
Total	669	671

Poster Session: 68 presentations

(1) **Peer reviewed track** 34: domestic 20, international 14

(2) **Non-peer reviewed track** 34: domestic 23, international 11

Key Note Lecture · Lecture, May 11th (Sat)

9:30 ~ 9:45

Opening remarks by Dr. Daisuke Uematsu, JATO President, Dr. Glen Bergeron, WFATT President, and Dr. Ichiro Kono, Japan Sport Association AT Chairman, addressed the significance and possibilities in globalizing athletic training and therapy, and how the WFATT could contribute to the process of its globalization.

Opening Ceremony :

(1) Opening Speech

Daisuke Uematsu PhD. ATC. JSPO-AT

President of Japan Athletic Trainers` Organization

(2) Speech

Glen Bergeron PhD. Cat (C)

President of World Federation of Athletic Training & Therapy

(3) Congratulatory Speech

Ichiro Kono PhD. MD.

Japan Sport Association AT Chairman

Vice President of the Organizing Committee for 2020 Tokyo Olympic/Paralympic Games



9:45 ~ 11:15

Dr. Lee Burton's keynote speech unified the audience by discussing how athletic trainers could make positive impacts in our societies as professional health care providers. He shed lights on the positive effects on our long-term health derived from musculoskeletal health and good movements acquired through exercises, which indeed underlined the main theme of the Congress, "Exercise for Total Health".

Keynote Lecture 1 (English / Simultaneous translation):

Title: Moving Well and Often is Key for Long-Term Health and Vitality

Speaker: Dr. Lee Burton PhD, ATC

Affiliation/Title: President, Functional Movement Systems



11:15 ~ 11:30

The following three companies, which are gold sponsors, conducted PR in three minutes.

Gold Sponsor Presentation:

(1) Board of Certification, Inc.



(2) ZAOBA Co., Ltd.



(3) United Sports Brands Japan Inc.



11:45 ~ 13:15

Diverse perspectives towards athletic trainers' current and future roles were discussed by the following three Japanese speakers: Mr. Takashi Fukuda, Dr. Norikazu Hirose and, Mr. Hisayoshi Tada. They are all athletic trainers but with different country-base athletic trainers' credentials, Canadian-base, Japanese-base, and American-base. They elaborated the unique ideas of athletic trainers' potentialities from their distinct stand points.

Lecture 1-A (English):

Title: Work in Japanese Educational Institutions as an Athletic Trainer/Therapist –
Health and Sport Science for All -)

Speaker: Takashi Fukuda MS, CATC-CAT, JSPO-AT, JATI-SATI

Affiliation/Title: Associate Professor, University of Tsukuba



Lecture 1-B:

Title: Prehabilitation - Sports Injury prevention for All Athletes –

Speaker: Dr. Norikazu Hirose PhD, JSPO-AT

Affiliation/Title: Professor, Faculty of Sport Sciences, Waseda University

Japan Physical Coach, Japan Women's National Football Team



Lecture 1-C:

Title: Coordination Training for Total Health

Speaker: Hisayoshi Tada MS, ATC

Affiliation/Title: Representative Director, NPO Spitzen Performance



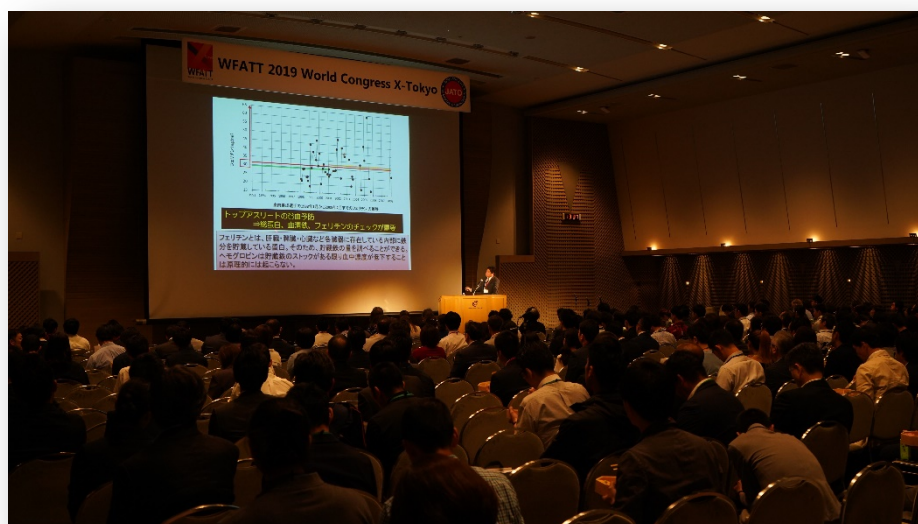
13:15 ~ 14:30

Luncheon seminar presented by our platinum corporate sponsor, B&S Corporation Co., Ltd. While lunch was provided, the importance of conditioning athletes through intestinal environment was shared by the speaker.

Luncheon Seminar: B&S Corporation Co., Ltd

Title: Conditioning for Top Athletes - from Intestinal environment -

Speaker: Dr. Masaaki Sugita PhD.



14:30 ~ 16:00

Lecture was presented by Mr. Ryan Gordon sponsored by BASRaT, Ms. Tomoko Mizuta who is an athletic trainer working in close relationship with the medical field, and Dr. Yusuke Nakayama who now coaches the general population to professional athletes in Japan after succeeding in NBA for many years; all conveyed the diversity of athletic trainers' activity.

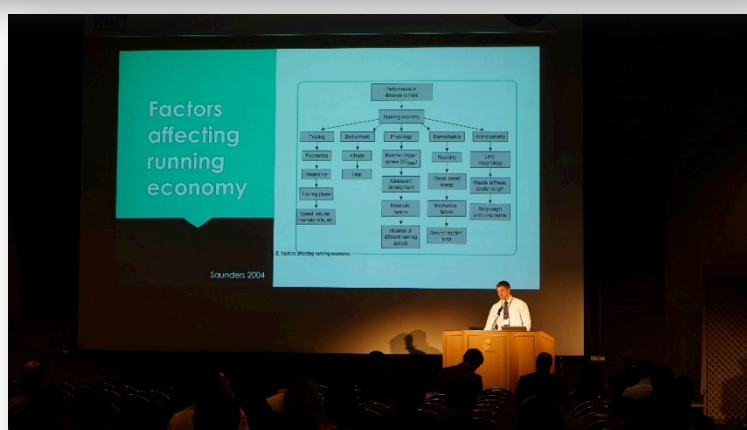
Lecture 2-A (English):

Title: The importance of strength training for distance runners

Speaker: Ryan Gordon BSc

Affiliation/Title: BASRaT administrator

Sports Rehabilitator (UK)

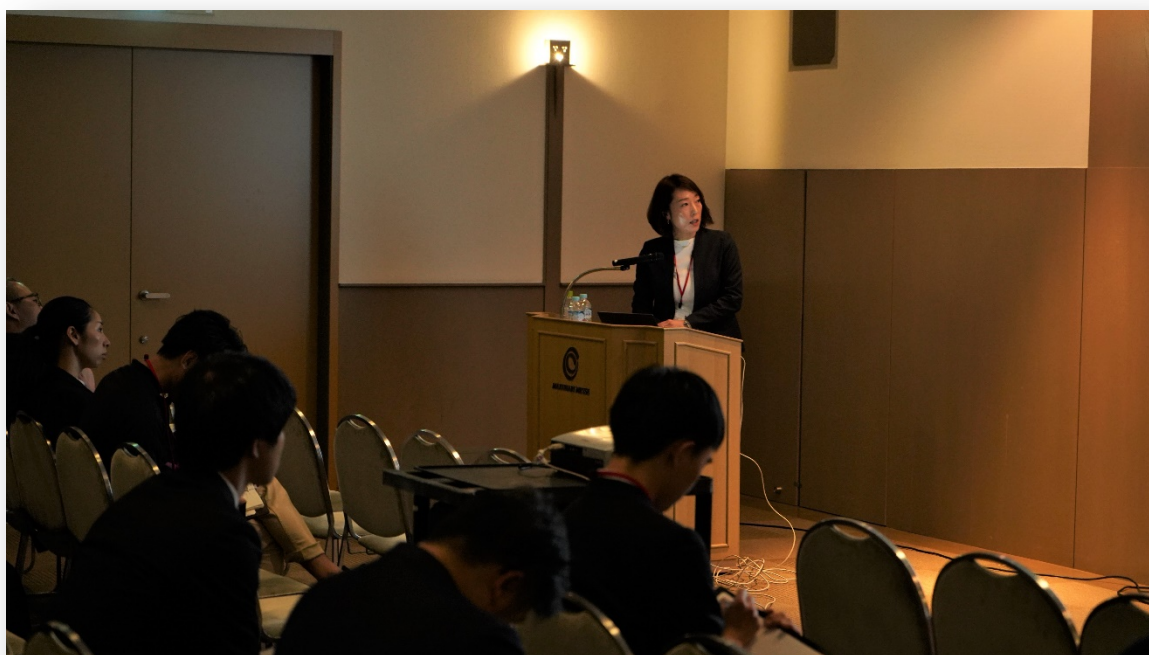


Lecture 2-B:

Title: Feature of Exercise Attention at Medical Field and Possibility of
Collaboration with Athletic Trainers)

Speaker: Tomoko Mizuta ATC

Affiliation/Title: PROTEA JAPAN, Co., Ltd. Director of Education and
Research of Power Plate Training



Lecture 2-C:

Title: Application of Sports Medicine: From the Professional Athletes in America to the General Population in Japan

Speaker: Dr. Yusuke Nakayama PhD, ATC, CSCS, PRT

Affiliation/Title: Founder, TMG Athletics



16:15 ~ 16:45

As a special lecture, Dr. Masaki Katayose spoke about the function of Olympic and Paralympics' medical support system and its history, the significance of Olympic legacy, and the future direction of athletic training and therapy at this point.

Special Lecture (Japanese / Simultaneous translation):

Title: Athletic Trainers Toward 2020 and Further

Speaker: Dr. Masaki Katayose PT, PhD, JSPO-AT

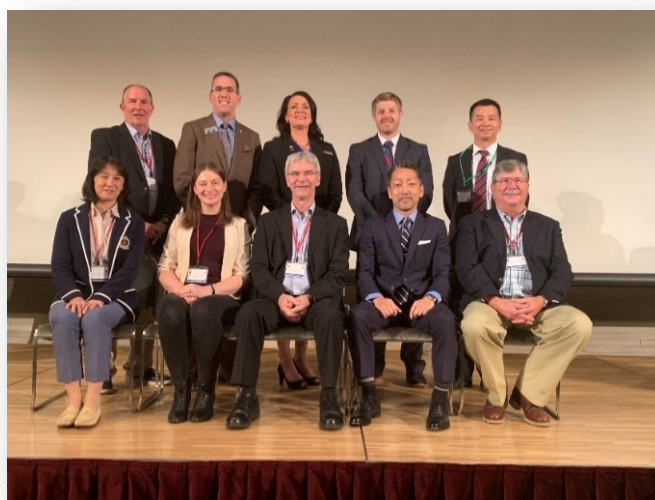
Affiliation/Title: Professor, Department of Physical Therapy Second Division
of Physical Therapy, Sapporo Medical University
Vice Chair, Hospital Division of Rehabilitation, Sapporo
Medical University
Vice Chair, Hospital Sports Medicine Center, Sapporo
Medical University



16:45 ~ 18:15

At the panel discussion, the representatives of WFATT member association took the podium and had an active discussion about the present state of each member association, the expansion of WFATT up to now, and its future direction.

Panel Discussion:



From front row left: Chinami Sugiyama (JSPO)、Siobhan O'Connor (ARTI)、Glen Bergeron (WFATT)、Daisuke Uematsu (JATO)、Dexter Nelson (CATA)

From back row left: Rick Griffin (PBATS)、Tory Lindley (NATA)、Diana Settles (AFATS)、Ryan Gordon (BASRat)、Heng-Ju Lee (Taiwan)



Key Note Lecture · Lecture, May 12th (Sun)

8:45 ~ 10:15

Mr. Martin Matney, ATC, one of the NATA Sponsored Speakers, talked about the athletic training services provided for employees in industrial settings like Boeing Company and how athletic trainer contributes to business administration by preventing injury and lowering absence rate with long-term data.

Keynote Lecture 2 (English / Simultaneous translation) :

Title: Athletic Trainers: The First Line of Defense in Workplace Injury Prevention

Speaker: Martin “Marty” Matney MBA, LAT, ATC, CEAS

Affiliation/Title: Work-Fit/Boeing Company

Affiliated Organization: National Athletic Trainers' Association, Council on Practice Advancement



10:15 ~ 10:30

The following three companies, which are gold sponsors, conducted PR in three minutes.

Gold Sponsor Presentation:

(1) VENEX Co., Ltd



(2) vit Inc.



(3) OptiTrack Japan Ltd. (Acuity Inc.)



10:45 ~ 12:15

Dr. Koji Kaneoka, an orthopedic surgeon familiar with athletic fields, talked about the evaluation and rehabilitation of low back disorders in his lecture. A Certified Athletic Trainer, Ms. Atsuko Takatani talked about how athletic trainer can help someone achieve the maximum performance in his/her life through physical training. And, Dr. Miho Takao, an obstetrics and gynecology specialist who has been working on female athletes' health issues, 's lecture was about the importance of communication and cooperation with athletic trainers as well as mutual understanding. Each lecture provided specialized information based on each lecturer's profession.

Lecture 3-A (English):

Title: Evaluation and Rehabilitation to Low Back Disorders

Speaker: Dr. Koji Kaneoka MD, PhD

Affiliation/Title: Professor, Faculty of Sport Sciences, Waseda University



Lecture 3-B:

Title: A System Brought out by GRIT (perseverance) - For Those Life Athletes
who Challenge to Live -

Speaker: Atsuko Takatani ATC

Affiliation/Title: Performance Therapist (Human Resource Development)
GRIT NATION, Inc.



Lecture 3-C:

Title: Support for Female Athlete-What You Need to Know-

Speaker: Dr. Miho Takao MD, PhD

Affiliation/Title: Vice President, Integrated Clinic for Woman, IHC Omotesando

Obstetrics and Gynecology Specialist

Sports Medicine MD by Japan Sport Association

Sports Medicine MD by Japan Para-Sports Association



12:15 ~ 14:00

The Luncheon Seminar sponsored by Mueller Sports Medicine, one of Platina Sponsors. Mr. Daisuke Sakai, ATC, who works in health care setting in Japan, talked about the function and application of Mueller Strong Stretch Tape.

Luncheon Seminar: Mueller Sports Medicine

Title: Mueller Strong Stretch Tape JPPLUS, its function and effective application

Speaker: Daisuke Sakai MA, ATC



14:00 ~ 15:30

ARTI (Athletic Rehabilitation Therapy Ireland) Sponsored Speaker and WFATT Vice President, Dr. Siobhán O'Connor talked about how to track and use injury surveillance to improve athletic training practice. In the lecture of Mr. Tomoo Yamada, a Certified Athletic Trainer who has been working at Stanford University for over ten years, the future vision of athletic training with diversity was presented. There was also a poster session that presenters showcased their researches/studies.

Lecture 4-A (English):

Title: Injury Surveillance as an Athletic Trainer: How to Easily and Accurately

Track Injuries Using This Information to Inform and Improve Your Practice

Speaker: Siobhán O'Connor PhD, ARTC

Affiliation/Title: Assistant Professor, The school of Health and Human

Performance, Dublin City University, Ireland

Vice President of WFATT

Athletic Rehabilitation Therapy Ireland Public Relations Officer
and International Liaison



Lecture 4-B:

Title: Future Vision of Athletic Training Multidisciplinary Approach

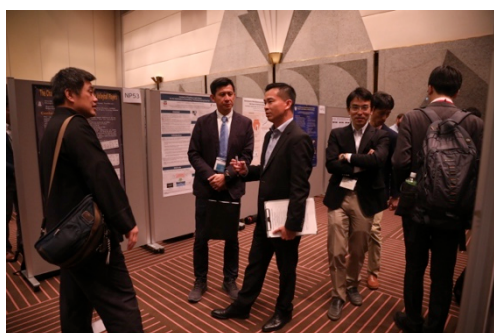
Speaker: Tomoo Yamada MA, ATC

Affiliation/Title: Associate Director of Athletic Training, Stanford Sports Medicine,
Stanford University



Poster Session:

At the poster session, each excellent presentators were awarded with the crown of Platinum Sponsors for the following intent. The finalists of each award was selected from peer-reviewed presentations by the members of WFATT Education and Research Committee. Then, two jury members from each organization, JATO Education and Research Committee, Japanese Society for Athletic Training, and WFATT Education and Research Committee, attended presentations and asked presentators questions to select awards.



(1) Omron Research Impact Award

This award goes to an innovative and outstanding research which will make significant contributions to the body of knowledge in athletic training & therapy as well as health care (any types of research design can be nominated).

Recipient: Ms. Miyuki Hori

Title: Ultrasonographic Assessment of Femoral Articular Cartilage Response

following a Competitive Rugby Season: A Prospective Observational Study



(2) Muller Presentation Award for Clinical Advancement in Prevention

This award goes to an outstanding research presentation which will lead to novel intervention and rehabilitation strategies to improve health and function by reducing injury, illness, and disability.

Recipient: Mr. Shun Numasawa

Title: Specific Risk factors for Recurrent Ankle Sprains and an Initial Lateral Ankle Sprain in High School Basketball Players: Osaka Basketball Association Sport Injury Prevention Project“



(3) B&S Excellent Young Investigator Award

To recognize and encourage the research efforts of students by awarding outstanding research awards based on WFATT World Congress Poster presentations and abstracts.

Recipient: Mr. ChunHao Liang

Title: The protective effect of early passive motion combined with platelets rich plasma (PRP) on articular cartilage after anterior cruciate ligament rupture



15:45 ~ 17:15

Diana Settles, recommended lector by NATA, talked about the conditioning system currently utilized in both the United States (US) military to facilitate the mental and physical health, and to reduce the intrinsic and extrinsic risk factors that are associated with injury occurrence. She also mentioned about the contribution of athletic trainers in this system based on long-time data.

Keynote Lecture 3 (English / Simultaneous translation) :

Title: From the Battlefield to the Playing Field: Best Practice Performance Training

Utilizing the U.S. Navy's Operational Fitness and Fueling System (NOFFS)

Speaker: Diana Settles MAT, ATC

Affiliation/Title: The program manager of Injury Prevention & Physical Readiness of the Navy and Marine Corps Public Health Center, USA



Mueller Sports Medicine Welcome Reception

From 18:30 on May 11th, Saturday, “Mueller Sports Medicine Welcome Reception” was held hosted by Muller Sports Medicine.

Brett Mueller, the president of Mueller Sports Medicine, gave the opening speech. Norikazu Hirose, representative director of Japanese Society for Athletic Training, proposed a toast.

Also, there were the raffle event with munificent gifts from sponsors, and the attraction of Japanese Drum by the team “HARUNOTOMO.” All attendance had a great moment to have fun and deepen exchanges.

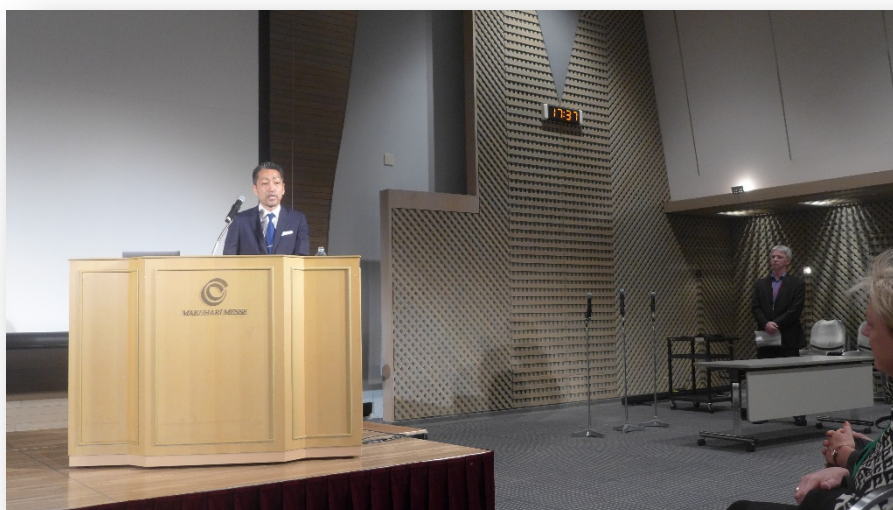


Closing :

- (1) Special Academic Awards Ceremony
- (2) **Speech from WFATT President : Glen Bergeron PhD Cat(C)**



- (3) **Closing Speech : Daisuke Uematsu PhD. ATC. JSPO-AT**



Sponsor List/Exhibitor Layout

In addition to Mueller Sports Medicine which is the official supplier of WFATT, a total of 35 companies including two platinum sponsors, five gold sponsors, 28 silver sponsors exhibited at the sponsor exhibition booth in the convention hall. During the break time, many attendees visited the exhibition booth and stopped at their sponsor booths. At the same venue, a raffle event, an exhibition of prizes that were drawn by lottery, and a photo spot were also set up, and a lot of people showed it.

(1) Platinum category 2 companies/corporations

1. B & S Corporation Co., Ltd
2. OMRON HEALTHCARE CO., Ltd.

(2) Gold category 6 companies/corporations

1. United Sports Brands Japan, Inc.
2. Board of Certification, Inc.
3. ZAOBA Co., Ltd.
4. vit Inc.
5. VENEX Co., Ltd.
6. OptiTrack Japan, Ltd. (Acuity Inc.)

(3) Silver category 30 companies/corporations

1. N.D.S Co., Ltd.
2. Visionup Co., Ltd.
3. Non-profit organization NSCA Japan
4. NCN Institute
5. Sanct Japan Co., Ltd.
6. Granston Technique Japan Ltd.
7. Japan Wise Food Association
8. SUNMEDICAL Inc.
9. LOGICAL PRODUCT Ltd.
10. Japan Association of Training Instructors

11. Euphoria Co., Ltd.
12. HYPERICE JAPAN
13. Tokyo College of Medical Sports
14. Game Ready
15. Perform Better Japan, Inc.
16. THINKFITNESS CORPORATION
17. Sports Data Bank Co., Ltd.
18. DOME CORPORATION
19. Club Business Japan, Inc.
20. CAATE
21. Global Athlete Support Association
22. Ferno-Japan Inc.
23. NICHIBAN Co., Ltd.
24. TRX Training Japan Co., Ltd.
25. Rootsz Co., Ltd.
26. imok. Co., Ltd.
27. MORACT TECHNIQUE JAPAN
28. PROTEA JAPAN Co., Ltd.
29. Professional Trainers Team Inc.
30. Shenandoah University

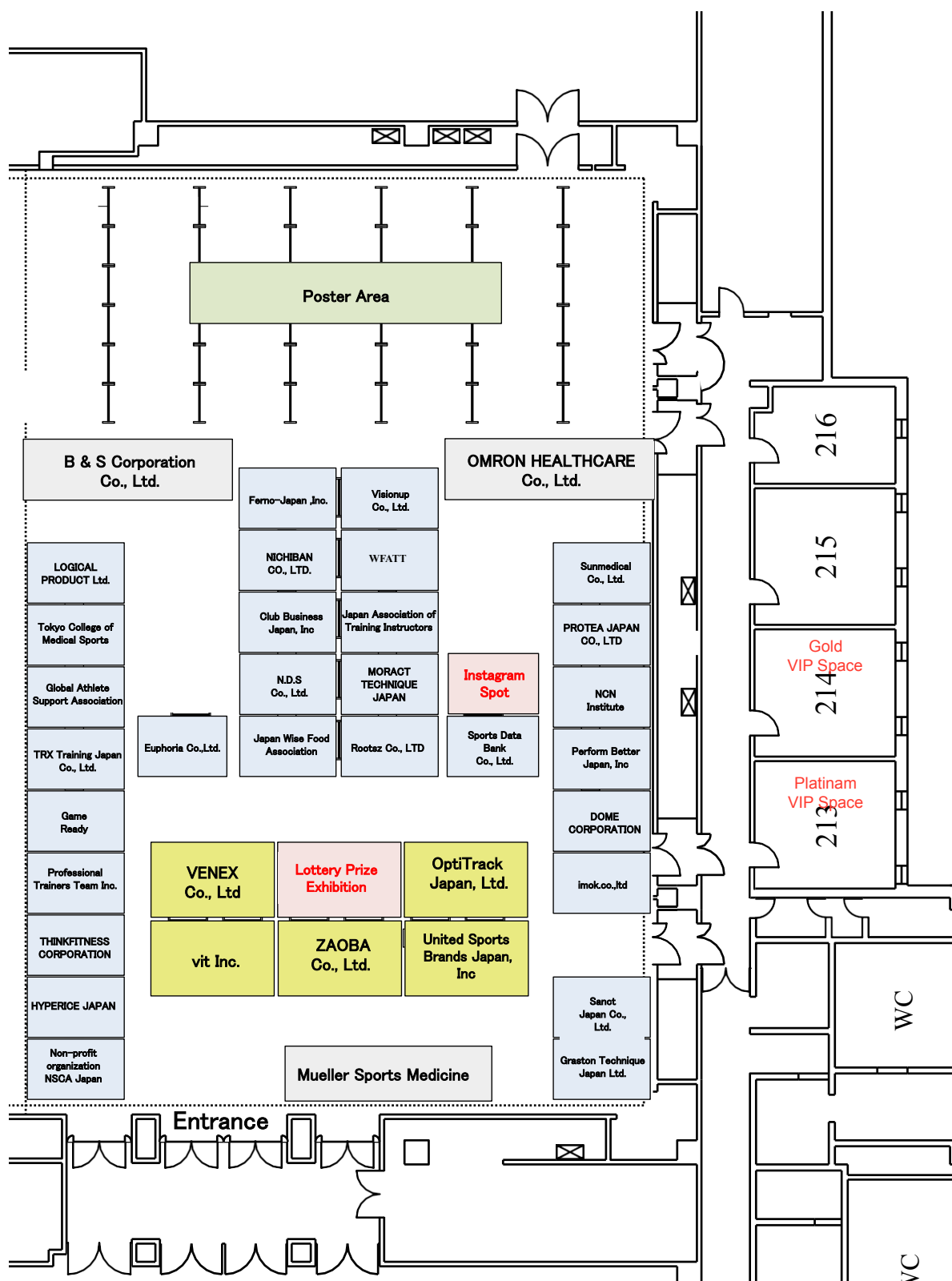
(4) Bronze category 5 companies/corporations

1. TRY WORKS Co., Ltd.
2. DIGITAL STANDARD CO., LTD.
3. LPN Corporation
4. Book House HD
5. Nippon Suisan Kaisha, Ltd.

(Above in random order)



Exhibitor Layout:



Reference Materials

Official Program:



WFATT/JATO President Message



Glen Bergeron PhD CAT(C)
President
World Federation of Athletic Training and Therapy

Korichiwa,

Well it has finally arrived!! Welcome to the Xth World Congress of the World Federation of Athletic Training and Therapy in Tokyo, Japan. Over the past year, I have been most impressed with the dedication of so many JATO volunteers who have worked so hard to ensure the best possible experience for you the delegates. Under the capable leadership of Daisuke Uematsu, the congress committees have thought of everything. The academic agenda, is a collection of international and local speakers that will focus on Exercise For Total Health as the congress theme. I am confident that there will be something for everyone. The Congress is also an excellent opportunity to meet and network with the many local and international delegates. From this perspective, the greatest benefits that can come from the congress are the new friends and colleagues who extend their interaction well beyond the congress.

Japan and specifically Tokyo, presents a tremendous cultural opportunity. I know the members of the host society are excited to share their cultures and traditions with us all. Take advantage of the opportunity to create long lasting memories and a reason to come back and visit again.

The Tokyo 2020 Olympic Summer Games are fast approaching. The WFATT wants to be a catalyst leading to the best possible care of the world's athletes during one of the most important times of their lives. This World Congress, the Japan Athletic Trainers' Organization (JATO), The Japan Sport Association (JSPO), and the dedication of all our Member organizations goes a long way to advancing our vision so that "Athletic Training & Therapy will be recognized as an essential part of multidisciplinary healthcare teams worldwide."

Thank you to all of you for attending the World Congress and in particular for your dedication past, present and future to the promotion of the profession worldwide. I look forward to meeting you.

Domo Arigato

2



Daisuke Uematsu, PhD. ATC
President
Japan Athletic Trainers' Organization

Welcome to the WFATT 2019 World Congress X -Tokyo! The Japan Athletic Trainers' Organization (JATO) and the members of the Congress organizing committee are excited and honored to host this event where athletic trainers, therapists and other health care providers from around the world get together every two years.

More than 20 years have passed since the establishment and standardization of the athletic training & therapy profession in Japan. Looking back at what we have collectively accomplished, we realize not only how far we have come, but also what promise the future holds.

It is difficult to express the benefits of establishing and standardizing the athletic training & therapy profession in one sentence. However, it is imperative that we clearly demonstrate the value of our profession to the health and welfare of society. The main theme of this congress is, "Exercise for Total Health". This focus on exercise and movement is in response to increased interest in this area in our industry. Our speakers have all successfully applied these models/ concepts in their own practices, each of them demonstrating the important role that our profession can play in the promotion of a healthy society. We are certain that many people will realize that, what is to be presented in this congress, will become the turning point for the establishment of the athletic training & therapy profession globally.

WFATT set its mission as "the WFATT provides leadership to advance the international interests of its members for the common goal of optimal health care for physically active populations". Globalization of the profession is the main goal of the WFATT. The Federation is working hard to fulfill this mission. It is our hope that this world congress will facilitate international collaborations in the field of athletic training and sports medicine as we progress toward 2020 and beyond.

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WFATT2019 World Congress X-Tokyo Executive Committee

Special Adviser of Executive Committee:

Ichiro Kono MD. PhD.

The Tokyo Organising Committee of the Olympic and Paralympic Games Vice Chair/Japan Sport Association Coach Development Expert Committee AT section Chair

Takao Akama MD. PhD.

Waseda University School of Sport Sciences Professor

Advisors of Executive Committee:

Masaki Katayose PhD. PT. JSPO-AT

Sapporo Medical University, Japan Sport Association Coach Development Expert Committee AT section Vice Chair

Chinami Sugiyama ATC

JSPO-AT President of Ribbon Project/ Japan Sports Association Coach Development Expert Committee AT section

Jiro Shikakura ATC. JSPO-AT

Juntendo University School of Health and Sports Science Affiliate Professor / Japan Sport Association Coach Development Expert Committee AT section Vice Chair

Executive Committee:

Chairman: Daisuke Uematsu, PhD. ATC

President of JATO (President of FUNCTION Co.)

Vice Chairman: Kenji Sasaki, ATC

Vice President of JATO (President of Conditioning Center HOUSE)

Members of Executive Committee:

Norikazu Hirose

(Representative Director of Japanese Athletic Japanese Society for Athletic Training , Waseda University)

Sayumi Iwamoto

(Member of Athletic Training Department of JSPO, Toyo University)

Toshimitsu Ishizuka

(JATO BOD, Japan Core Conditioning Association)

Miyuki Hattori

(JATO BOD, Professional Trainers Team, NTT DOCOMO Red Hurricanes)

Hideki Matsumoto

(JATO BOD, Ritsumeikan University)

Atsuko Nakanida

(JATO BOD, Juntendo University)

Yohei Shimokochi

(JATO BOD, Osaka University of Health and Sport Sciences)

Maya Isawa

(Oriental Land Co., Ltd.)

Yuko Imanaka

(Funabashi Orthopaedic Hospital)

Masayuki Nakatsukasa

(Gym & Studio NeeDs, Goal Achievement Association)

Hiromi Kowata

(Ritsumeikan University)

Ayumi Shimada

(Freelance)

Mizuki Sugawara

(Universal Training Center)

Yuri Hosokawa

(Waseda University)

Kyohei Miyazaki

(OSAKA Kaisei Hospital, Japanese Sports Physical Therapy Association Managing Secretary)

Maki Mochizuki

(Emergency Assistance Japan Co., Ltd. Sakakibara Heart Institute)

Kuniko Yamamoto

(Total Life Care, Ltd.) Shuhei Yamamoto (Cordbook, Inc.)

Secretariat:

Naoyuki Tsuji

Secretary-general of JATO (International Sports Medicine Institute)

(omitted honorific titles / in random order)